COMFORT CARE

EVERYDAY COMFORT AND BODY SUPPORT

FortyWinks
Silent Partner
Delivering sleep comfort and body care

The patented Silent Partner sleep system offers two independent sleeping zones; this unique technology minimises motion transfer delivering an unparalleled level of individual comfort.

At the heart of Silent Partner’s pursuit of uninterrupted sleep lies the patented *Motion Deflection Barrier™*. This exclusive technology allows each sleep surface to respond to your movements independently, minimising the transfer of motion and enhancing the individual sleeping experience.

- Gel Infused Visco Elastic Memory Foam technology has resulted in the perfect balance of comfort, support and optimal sleep temperature.
- Pure Natural Latex for advanced breathability and pressure relieving comfort, just as nature intended.
- Thousands of individual coils mold to and support your body, minimising pressure points and providing the ultimate in conforming support.
The Silent Partner Cosmopolitan pocketed coils deliver unsurpassed body cradling conformance & superior durability. 1600 individual pocket coils make up 5 different zones of variable resistance providing ultimate support exactly where you need it.

Motion Deflection Barrier™ responds to your movements while you rest minimising disturbance.

- Minimised Partner Disturbance to help reduce partner movement giving you a better nights sleep.
- Pocket Inner Springs designed to support your body in the places that need it most.
- Supportive Back Care to give your spine the crucial comfort and supports it needs.
iAdjust 3.0
Adjust your comfort to suit your sleep needs

An adjustable bed offers the combination of a supportive and pressure relieving mattress. It also may help relieve symptoms surrounding many health and lifestyle conditions that lead to an uninterrupted, deeper and more restorative sleep.

Being able to adjust the position of your body rest not only improves the quality of your sleep, it can help alleviate muscle joint and pain for athletes, active people and a variety of chronic conditions.

An **iAdjust adjustable base** may help to:
- Improve circulation
- Reduce swelling
- Assist breathing
- Ease reflux symptoms
- Aid post-surgery recovery
- Ease back pain

The **iAdjust range of adjustable beds** are exclusive to FortyWinks

---

Adjustable Bed frame that adjusts to your seating or lying positions, not you adjusting to your bed.

Supportive Back Care to give your spine the crucial comfort and supports it needs.

10 Year Warranty giving you a peace of mind with your investments for 10 years.
HEALTH BENEFITS OF SLEEP

SHARPEN ATTENTION
Lack of sleep may result in ADHD-like symptoms in kids.

LOWER STRESS
Sleep can reduce levels of stress.

HEALTHY WEIGHT
Sleep and metabolism are controlled by the same sectors of the brain.

LIVE BETTER
If you sleep better, you can certainly live better.

IMPROVE MEMORY
During sleep you can strengthen memories.

IMPROVE CREATIVITY
People seem to strengthen the emotional components of a memory during sleep.
Chiro Comfort Active
Chiropractic support for your spine

King Koil’s Chiro Comfort Active range combines the Chiropractic Support of the Reflex Active support system with the protection of Ultrashield, to provide a healthy sleep option that’s ideal for allergy and asthma sufferers. This is combined with the Aerocomfort story to maximise breathability in the mattress.

King Koil mattresses are designed in conjunction with and endorsed by the International Chiropractic Association to provide you with outstanding comfort and support you need for proper spinal alignment.

National Asthma Council of Australia Sensitive Choice (Blue Butterfly) endorsement creates a healthy, allergy free sleep surface.

Supportive Back Care to give your spine the crucial comfort and supports it needs.

Pure Natural Latex for advanced breathability and pressure relieving comfort, just as nature intended.

Hypo Allergenic materials giving you a safe and comfortable sleep surface.
Sealy Posturepedic High Performance Plus

Collection provides deep down support with the SRxII spring system, SmarTex and HealthShield fabric treatments to combat allergies.

Superior conformance for the lower back area with ComfortCore Gel Memory foam and a UniCased edge to create a stable sleep surface.

Hypo Allergenic materials giving you a safe and comfortable sleep surface.

Supportive Back Care to give your spine the crucial comfort and supports it needs.

Various material combinations provide you with a comfortable and supportive nights sleep that looks after the entire body.
Serta Perfect Sleeper

Minimal Partner Disturbance

The Serta Perfect Sleeper range has been specifically designed to combat the five most common sleep problems:

1. Tossing and Turning
2. Lack of Support
3. Sleeping too hot or cold
4. Partner disturbance
5. Mattress roll-off or sag.

The range is endorsed by the Australian Physiotherapy Association and is made in Australia and comes with the Serta 90 Day Comfort Assurance.

Minimised Partner Disturbance to help reduce partner movement giving you a better night's sleep.

Thousands of individual coils mold to and support your body, minimising pressure points and providing the ultimate in conforming support.

Pure Natural Latex for advanced breathability and pressure relieving comfort, just as nature intended.

Pillow-top technology helps support your body while you rest.

Partner disturbance is minimised with thousands of individual coils working together.
Serta iContour & iAdjust 3.0

Two support systems for rejuvenating sleep

Get the rejuvenating sleep you need every night for more energy and vitality everyday with the iContour sleep system by Serta.

The iSeries range provides two support systems in a single mattress Serta’s Cool Action memory Foam and Evercool™ Graphene Infused Memory Foam.

Serta’s Cool Action Memory Foam Gel delivers superior comfort of memory foam infused with the cooling touch of MicroSupport Gel.

Evercool™ Graphene Infused Memory Foam is the world’s first premium, breathable memory foam featuring super-fine infusion of heat-conducting Graphene for supple, body conforming comfort, whisking heat away from the body.

Team your iContour mattress with an iAdjust base and you’ll be investing in a total body comfort and care system to improve your lifestyle and health.

Adjustable Bed frame that adjusts to your seating or lying positions, not you adjusting to your bed.

The 90 day Comfort Guarantee gives you peace of mind around your mattress investment.

Pure Natural Latex for advanced breathability and pressure relieving comfort, just as nature intended.
Sleep plays a large part in how the brain functions. It also helps your body restore and rejuvenate while you rest.

Children and adults consistently need a good night’s sleep. Research recommends between 7 to 9 hours is optimal for adults and up to 14 hours for children. Babies and toddlers require almost double the amount of adults.

When you don’t sleep, your brain processes and motor skills become impaired, leading to higher risk or injury.

**Restoration**

The genes responsible for the restoration of neural (message) pathways and metabolism are only active when you sleep.

**Brain processing and memory consolidation**

Research by the National Sleep Foundation has found that the ability to come up with new and creative ideas and solutions to complex problems is increased three-fold by a good night’s sleep.
Sleep is the best meditation

Dalai Lama
Your bed and mattress should be seen as an investment in your health. Get the right advice and gain full body comfort and care while you sleep. Only at Forty Winks.